

NEW VENUES
FOR 2016



Leicestershire
County Council

Children and Family Services FAMILY PLACEMENT TEAM

.....

Personal Training and Development Programme

EXTRAORDINARY CARERS · ORDINARY PEOPLE
fostering



2016



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Introduction

Welcome to the 2016 Training Programme for Mainstream, Kinship and Short Break Foster Carers, who make a real difference in the lives of children and young people. The aim of Leicestershire County Council is to deliver professional training and development opportunities to support you with the children and young people you care for.

In this programme you will find a range of Core, Advanced and Specialist training courses, along with dates and venues that will hopefully suit your needs. This also includes Saturday and evening courses as well as access to the new online training. If you're in employment, some companies can potentially make adjustments to allow you attend training.

If you have any learning difficulty or disability, please let your supervising social worker or trainer know and they will support your learning as best as possible.

The first part of the training programme sets out the Training, Support and Development Standards, which is a national minimum benchmark that sets out what all foster carers should know, understand and be able to do within the first 12 months of approval (or 18 months for Kinship Carers).

In addition to the Standards, there is an expectation that each household will do 28 hours of training and development per year. This can be accumulated by attending courses, doing research and attending support groups relating to the child/ren you care for. These hours can be recorded at the back of this programme.

**Please note change of
venues for all training
Addresses on page 10**

Booking on a Training Course

Where possible email your booking request to:

fostercaretraining@leics.gov.uk

Alternatively you can telephone the admin team on:

0116 305 3051

Or tear out & post the booking form at the back of this brochure to:

**Training Dept, Fostering Admin Team,
Room 600, County Hall,
Glenfield, Leics, LE3 8RA.**

Once you have booked your training, you will receive a reply to confirm your place, followed by a reminder approximately 1 - 2 weeks before the course starts. If all the places are fully booked you will be added to the reserve list and notified. If you cannot attend a training course for whatever reason then please cancel in good time.

Please arrive 15 minutes before the beginning of each course to sign in and get a drink ready for a prompt start.

With regret, due to Government funding cuts we are no longer able to provide lunches at training events. Refreshments of tea and coffee will be available throughout the day.

The venues are situated near to local amenities where you can buy lunch, or if you prefer you can bring a packed lunch if you wish.

Throughout the year the courses will be evaluated so we can present you with the best training available, if you have any comments, compliments or complaints on training, please contact the training officer below.

Sandy Chamberlain

Training Officer

Tel: 0116 3056311/ mob: 07889 808527

Email: **sandy.chamberlain@leics.gov.uk**



Our Vision, Mission, Values and Principles

VISION

Leicestershire is the best place for all children, young people and their families

This means that we will describe the outcomes we want to achieve for children, young people and their families and identify measures that can tell us how well we are achieving them in comparison with other English local authorities. We will aim to be the best performing local authority in the country against these measures, and where we are not yet there we will set stretching targets for annual improvement.

MISSION

Children and young people in Leicestershire are safe, and living in families where they can achieve their potential and have their health, wellbeing and life chances improved within thriving communities

Training, Support and Development Standards (TSD) for Foster Care

The Department for Education sets out the Training, Support and Development (TSD) standards which all foster, kinship and short break carers should know, understand and able to complete within the first 12 months of approval (18 months for Kinship and short break carers).

These are set out as below:

Standard 1: Understand the principles and values essential for fostering children and young people.

Standard 2: Understand your role as a foster carer.

Standard 3: Understand health & safety and healthy care.

Standard 4: Know how to communicate effectively.

Standard 5: Understand the development of children and young people.

Standard 6: Safeguard children and young people.

***Standard 7:** Develop yourself.

*N.B Kinship and short break carers are not required to complete standard 1.

Kinship Carers (Family Member or Person Connected to a Child)

During your assessment period - You can still access all the training. If there is anyone else who you feel is relevant in the child's life and would like to access some training, please speak to your supervising social worker.

KINSHIP CARER CORE COURSE

Kinship Carers Essential Training

- First Aid relating to children (every 3 years)
- Managing Contact course or training day
- Challenging Behaviours course or training day
- Attachment course or training day

There are 4 kinship training events run throughout the year and cover the below topics:

- Attachment and Challenging Behaviours.
- Managing Contact
- Supporting Family Relationships and Safeguarding
- Support services

Please contact the admin team on 0116 305 3051 for further details.

Special Guardianship Orders - Further training for kinship carers can still be accessed even if a Special Guardianship Order or a Child Arrangement Order has been granted and can continue until the young person is 18 years of age or the child no longer lives with them.

Please contact the training officer to request a programme and check availability of training sessions. You can also access the training programme here:

www.leicestershire.gov.uk/training-and-support-for-foster-carers



TSD Standards Workshops

You will be supported to complete the Standards either through workshops, supervision visits or individual sessions. Your supervising social worker will work with you to ensure that these are achieved within the time scales by completing a paper copy or online version.

Throughout the year there will be monthly workshops to support you in completing the Standards and each session will run for approximately 2 hours in a training room at County Hall. The training officer will be on hand in the workshops to assist in completing the standards through your chosen method.

To book into a workshop please follow the 'Booking on a Training Course' process at the beginning of the training programme.

Training will be held at County Hall Room (TBC) from 10am - 12noon

Monday 15th February
Tuesday 15th March
Wednesday 13th April
Thursday 19th May
Tuesday 14th June

Monday 19th September
Thursday 13th October
Tuesday 15th November
Wednesday 14th December

Skills Payment Levels for Mainstream Foster Carers

Training is also set out alongside skills/payment levels and to enable you to progress to the next level there is an expectation that you will have attended the relevant training outlined below.

To ensure that a carers training is current and up to date, there are some courses that require a refresher every 3 years, except 'First Aid for children' which is where the full 2 day course needs to be completed.

Skills/ Payment Level 1

Newly approved carers are required to attend the below core courses which will also provide the skills and knowledge to complete the Training, Support and Development Standards.

MAINSTREAM CARER CORE COURSE

Mainstream Foster Carers Core Courses

- Allegations Against Carers (every 3 years)
- First Aid Relating to Children (every 3 years)
- Education Courses (1, 2 or 3)
- Managing Contact for Foster Carers
- Attachment
- Safeguarding Children and Young People (every 3 years)
- Record Keeping
- Challenging Behaviour Course (1, 2 or 3)

SHORT BREAK CARER CORE COURSE

Short Break Foster Carers Core Courses

- Allegations Against Carers (every 3 years)
- Disability Awareness
- First Aid Relating to Children (every 3 years)
- Record Keeping
- Safeguarding Children and Young People (every 3 years)
- Challenging Behaviour Course (1, 2 or 3)

Skills/ Payment level 2

- The Role of the IRO
- Health and Safety for Carers
- Impact of Neglect
- Positive Behaviour Management
- Anti-Discriminatory Practice
- Disability Awareness
- Health Workshop

Skill/Payment levels 3 & 4

To be discussed with your supervising social worker.

Training Venues

Training events are being held in Family and Children's Centres located around the county, as well as in County Hall. Venues are selected for many reasons such as ease of access, facilities, disability access, room size etc. We endeavour to ensure courses are placed around each area but we cannot always guarantee this and you may need to travel further afield.

The venues are:

SureStart

Hinckley East Sure Start Children's Centre

Granville Road
Hinckley
Leicestershire
LE10 0PP

SureStart

Coalville Sure Start Children's Centre

3 High Street
Coalville
Leicestershire
LE67 3EA

SureStart

Loughborough West Sure Start Children's Centre

Regent Street
Loughborough
LE11 5BA

Glenfield, Leicestershire County Council

County Hall
Leicester Road
Glenfield
LE3 8RA

SureStart

Huncote Sure Start Children's Centre

c/o the Pavilion
Sportsfield Lane
Huncote
Leicestershire
LE9 3BN

SureStart Melton Mowbray Fairmead Sure Start

Children's Centre
64 Drummond Walk
Melton Mowbray
Leicestershire
LE13 1JF

Oadby Library

10 The Parade
Oadby
Leicestershire
LE2 5BF

Saffron Lane Sports Centre

Saffron Lane
Leicester
LE2 7NQ

Wigston, Leicestershire County Council

Bassett Street
Wigston
Leicestershire
LE18 4PE

Wigston Library

Bull Head Street
Wigston
Leicester
LE18 1PA

Childcare

Most carers prefer to make their own arrangements for their children. This means that their children are cared for locally by someone who knows them well. This can minimise unnecessary upheaval for the child. However where necessary we can offer a crèche facility through agreement of your supervising social worker. Please request this at the time of your course booking

Mentoring Service

Peer mentoring is delivered by approved foster carers in a one-to-one relationship with other prospective foster carers outside of any line management relationship. Mentors offer non-judgemental support, advice and information from a position of understanding as they are foster carers themselves. Peer mentoring is a way of providing support and guidance, not managing or directing. It is a way of empowering and motivating applicant carers. We encourage all experienced foster carers to discuss undertaking this programme with their supervising social worker.

Locality Support Group Meetings

Locality support group meetings are informal monthly meetings for foster carers. It is an opportunity to access support, address any queries or worries and take part in the learning development or change. Foster carers may be contacted by locality co-ordinators after approval to give you information about the meetings and invite you along.

Kinship carers can attend the foster carer groups but we are also developing kinship groups. There is a kinship group currently running in Hinckley. If you are interested in attending or helping run a Kinship group, please contact Sandy Chamberlain on 0116 3053611 or email: sandy.chamberlain@leics.gov.uk

Both mentoring and locality support group meetings can be used as part of your annual 28 hours of training and development.



Courses:

- Allegations against Carers
- Autism Awareness
- Attachment
- Anti-discriminatory Practice
- Caring about Reading
- Challenging Behaviours (0 to 5 years)
- Challenging Behaviours (7 to 11 years)
- Challenging Behaviours (11+ years)
- Court Skills & Voice of the Child
- Disability Awareness
- Education –The Early Years
- Education - Supporting Children in Key Stages 1 – 3
- Education - Options & Post 16
- E- Safety - Supporting Children and Young People Online
- First Aid Relating to Children
- Foetal Alcohol Awareness
- Healthy Eating Workshop
- Health & Safety for Carers
- Learning Through Play in the Early Years
- Impact of Neglect Workshop
- Life Story Work – Foster Carers
- Life Story Work – Kinship Carers
- Moving Onto Adoption
- Makaton (Signs & Symbols)
- Managing Contact – Foster Care
- Managing Contact – Kinship Care
- Managing Placement Breakdown
- Parent and Child Placements
- Positive Behaviour Management
- Record Keeping
- Resolving Conflict with Children and Young People Using the Restorative Approach
- Safeguarding Children & Young People
- Sexual Health Workshop
- Signs of Safety Approach - Introduction
- The Role of the IRO
- WRAP (Understanding Radicalisation)
- Young People's Healthy Relationships

Outcomes for Children, Young People and Families

We want to improve outcomes for all children, young people and families and we will target our resources on reducing the identified gaps in outcomes for vulnerable groups. The LCC priorities for children and young people, drawn from the LCC Strategic Plan are listed below:

1. Children and young People are safe and living in families
 2. Children and young people achieve their potential
 3. Children and young people have their health, wellbeing and life chances improved
 4. Children and young people and their families live within thriving communities
-

E-Learning

Live course attendance is Leicestershire's preferred method of training, but we do recognise every carer works in different ways.

The online training provided by AC Education is flexible and accessible to all to accommodate individual needs. They specialise in the professional development of those working with vulnerable or traumatised children. Their extensive list of online learning provides opportunities to access courses in your own home at a time convenient to you.

To access any of the following courses, you will need to have obtained agreement from your supervising social worker.

- Attachment & Loss
- Attachment in Schools
- Autism
- Bereavement and How to Support Children and Young People
- Bullying
- Caring for Child of a Different Ethnicity

- 
- Child Protection Awareness
 - Children & Domestic Abuse
 - Children & Parental Mental Health Issues
 - Children & Parental Substance Misuse
 - Children's Rights
 - Children & Young People Who Run Away From Social Care
 - Communicating with Children & Young People
 - Court Skills
 - Drug Awareness for Parents and Carers
 - Education & Trauma
 - Emotional Experience of Eating
 - Equality & Diversity
 - Family Centred Working
 - Female Genital Mutilation
 - Foetal Alcohol Spectrum Disorder
 - Food Hygiene & Nutrition
 - Fostering Asylum Seeking and Refugee Children
 - Fostering to Adopt
 - Healing Environments
 - Human Rights in Social Care
 - Impulsive Behaviour
 - Infection Control
 - Internet Pornography and its Effect on Young People
 - Keeping and Sharing Information
 - Kinship Care
 - Life Story Work
 - Making Sense of Adolescence
 - Men in Children's Services
 - Multi Agency Working
 - Online Safety and the Impact of Social Media
 - Physical & Learning Disabilities
 - Play Therapy
 - Promoting Achievements in Education
 - Promoting Health & Development
 - Promoting Positive Contact
 - Radicalisation and Extremism of Vulnerable Children and Young People.
 - Record Keeping in Foster Care
 - Reflective Practice
 - Resilience and Recovery

- Risk Management and Safer Working
- Safer Use of Medication
- Safer Foster Care
- Secondary Trauma and Workplace Stress (For Carers with experience of placements)
- Self-harming Behaviours
- Sexualised Behaviours
- Sexual Development and Sexual Abuse
- Sexual Exploitation and Child Trafficking
- Staying Put
- Supervising Foster Care
- Supporting Young People leaving care
- Teenage Challenging Behaviour
- The Role of The Foster Carer
- Transitions and Vulnerability
- Understanding Adoption
- Understanding Child Development
- Understanding Trauma and Its Impact
- Vulnerable Children Having Vulnerable Children
- Working with Birth Parents Within Fostering & Adoption
- Working with Disabled Children & Young People
- Youth Justice System

NB. Please be aware that when enrolling for an E-Learning course you are agreeing to complete the course within the allocated year that the licence purchased covers. Failure to complete the course within the year could result in you incurring a charge of £50.

When training is complete you will receive a course certificate which you should keep as evidence for your training portfolio.



Commissioning Plans

The departments Commissioning plans will aim to align our practices and commissioning activity across the Department in line with the significant ‘ages and stages’ milestones in a child and family’s life and will focus on the outcomes secured for children and young people. In this context the concept of ‘readiness’ is used to mean being ready and able to manage adversity, and to adapt and cope with challenges or difficulties in life.

We describe these key milestones as:

- Ready for school;
Children begin school as confident, capable and curious individuals, ready to learn and ready for school.
- Ready to choose
Children and young people enjoy engaging, relevant and memorable learning experiences which equip them with skills, knowledge, opportunities and attitudes to make a successful transition to adulthood.
- Ready for Adulthood
Young people reach the end of formal education as confident, aspirant and appropriately qualified individuals, ready for adulthood and ready for employment.

Allegations Against Carers

The aims of this course are to give foster/kinship carers an understanding of allegations against carers, how they are dealt with and the impact they can have on families.

Objectives:

- What is an allegation.
- How allegations are investigated by the department.
- What support is available to carers who are the subject of an allegation.
- Being prepared and protecting yourself.

Date	Time	Venue
Wednesday 13th January	6pm – 8pm	Glenfield, County Hall Committee Room
Wednesday 16th March	12.30pm – 2.30pm	Loughborough
Saturday 10th July	10am – 12 Noon	Hinckley
Monday 3rd October	10am – 12 Noon	Coalville
Wednesday 6th December	12.30pm – 2.30pm	Wigston, Bassett St

Autism in the Early Years

The aims of this course are to make sense of autism and understand its characteristics, specifically for children up to the age of 5 years.

Date	Time	Venue
Tuesday 1st March	10am – 12 Noon	Glenfield, County Hall Room 101

Autism in School Aged Children

The aims of this course are to make sense of autism and understand its characteristics, specifically for children from 5 to 16 years of age.

Date	Time	Venue
Thursday 1st September	10am – 12 Noon	Glenfield, County Hall Room TBC

Attachment

The aims of this course are to look at attachment development and theory and to support foster/kinship carers to understand attachment issues for the children and young people they look after.

Objectives:

- To explore attachment and look at what it means for children in care.
- To look at the different types of attachment.
- How to support a child with attachment difficulties.

Date	Time	Venue
Saturday 12th March	10am – 2.30pm	Hinckley
Friday 17th June	10am – 2.30pm	Wigston
Friday 23rd September	10am – 2.30pm	Loughborough
Tuesday 15th November	10am – 2.30pm	Coalville

Anti - Discriminatory Practice

The aims of this course are to raise awareness and give a basic understanding of the principles of equality, diversity and anti-discriminatory practice.

Objectives:

- The importance of respecting and valuing diversity.
- The nature and causes of discrimination.
- Introduction to the legal, theoretical & practical perspectives.

Date	Time	Venue
Tuesday 8th November	10am – 2.30pm	Wigston

Caring About Reading

Caring About Reading is course that aims to help children and young people in the care of Leicestershire County Council enjoy reading and discover new ways of enjoying books and other reading material.

Objectives:

- To further develop understanding of the reading issues experienced by children in care.
- Explore ways to help support reading for pleasure. and thus improve future life chances of children.
- Knowledge of sourcing specialist books to help children and their carers to understand and explain difficult issues in their lives.

Date	Time	Venue
Wednesday 25th May	9.30am – 2pm	Wigston Library
Tuesday 25th September	9.30am – 2pm	Wigston Library

Challenging Behaviours

The aims of these courses are to explore different types of behaviours in children and young people and to offer different techniques and a therapeutic approach to managing them.

Course 1: 0 to 5 years.

Date	Time	Venue
Monday 9th May	10am – 2pm	Wigston

Course 2: 5 to 11 Years.

Date	Time	Venue
Tuesday 12th July	10am – 2pm	Coalville

Course 3: 11 + Years.

Date	Time	Venue
Thursday 3rd November	10am – 2pm	Hinckley

Court Skills

The aims of the course are to widen knowledge on the court process and understand what the voice of the child is.

Objectives:

- To learn more about the court process for providing statements for the purpose of Care Proceedings.
- To provide support and guidance around children in care.
- Understand the role of the Children's Guardian.
- What the voice of the child is and why it is a legal entitlement.
- How to support children and young people to have a voice.

Date	Time	Venue
Thursday 10th March	9.30am – 12.30pm	Glenfield, County Hall- G26
Thursday 24th November	9.30am – 12.30pm	Glenfield, County Hall Room TBC

Disability Awareness

An introduction to Special Educational Needs and Disabilities.

Objectives:

- What a disability is.
- Legal frameworks and guidance on disability.
- The practicalities of caring for a disabled child.
- Importance of multi-agency working.

Date	Time	Venue
Wednesday 11th May	10am – 2.30pm	Loughborough

Education - The Early Years (1)

Children are born ready, able and eager to learn. Development is not an automatic process, however it depends on each unique child having opportunities to interact in positive relationships and enabling environments. This training will help carers to understand and support each individual child's development in the early years.

Objectives:

- To gain an understanding of the Early Years Foundation Stage.
- To understand of the importance of play, how children learn and explore through play to promote early literacy and numeracy skills and what you can do to help.
- To understand the importance of supporting transition and exploring practical ways to support transition.
- Preparing children for school, what is needed, expectations and developing independence.
- The role of the Virtual School.

Date	Time	Venue
Thursday 14th April	9.30am – 12.30pm	Glenfield, County Hall

Education – Supporting Children in Key Stages 1 - 3 (2)

This training will help carers to understand and support each individual child's development in the early years.

Objectives:

- To gain an understanding of the Early Years Foundation Stage.
- To understand of the importance of play, how children learn and explore through play to promote early literacy and numeracy skills and what you can do to help.
- To understand the importance of supporting transition and exploring practical ways to support transition.
- Preparing children for school, what is needed, expectations and developing independence.
- The role of the Virtual School.

Date	Time	Venue
Tuesday 10th May	9.30am – 2.30pm	Coalville
Tuesday 11th October	9.30am – 2.30pm	Loughborough

Education - Options & Post 16 (3)

This training is delivered by the Virtual School (Education of Children in Care Service) to be able to support young people with their educational options and transitions.

Objectives:

- To understand the role of carers in helping children to achieve their educational potential and promoting high aspirations.
- To understand the effect of transitions and how to support young people to cope with changes.
- To be familiar with the support available for children in care at school, including the role of the Virtual School, Designated Teacher/Person, Personal Education Plans and the Pupil Premium Plus funding.
- To be familiar with Year 9 options and Post 16 options and understand the processes that follows these stages.
- To be familiar with the curriculum including GCSE assessment.
- To explore ways of supporting young people with revision & homework.
- To understand how to access information, advice and guidance (IAG).

Date	Time	Venue
Wednesday 13th January	9.30am – 12.30pm	Coalville

E-Safety – Supporting Children and Young People Online

This course provides information about technology and safety on the internet. It will give an understanding on how social media can affect a child or young person and the risk that it can pose.

Objectives:

- To have a better understanding of internet safety.
- Understand online risks to the carer and the children they care for.
- Understanding of the carer's responsibility.
- Gain knowledge of support networks and action plans.

Date	Time	Venue
Tuesday 22nd March	10am – 12pm	Coalville
Monday 31st October	6pm – 8pm	Glenfield, County Hall Room TBC

Eating Well – Looked After Children and Associated Behaviours

The workshop is aimed at further equipping foster/kinship carers with information about the additional difficulties for looked after children in relation to eating well and their physical and emotional health.

Objectives:

- Refresher on healthy eating and a balanced diet.
- The impact of abuse, neglect and trauma in respect of the relationship to food.
- The potential impact on their physical and emotional health as well as signposting and support available.

Date	Time	Venue
Tuesday 4th October	9.30am – 12.30pm	Wigston

First Aid Relating to Children

An essential part of foster/kinship carers training that will support carers to deal with accidents in and out of the home. This is a 2 day course and you will need to attend both sessions to achieve first aider status.

Objectives:

- Gain an understanding of basic first aid and how to respond to certain emergency situations.
- Gain confidence to deal with bleeding, choking, blocked airways, unconsciousness, sprains and strains.
- To be aware of the difference between baby/child resuscitation and adult resuscitation.

Date	Time	Venue
Saturday 16th January (Day 1)	9.30am – 4.30pm	Melton Mowbray
Saturday 23rd January (Day 2)	9.30am – 4.30pm	Melton Mowbray
Monday 7th March (Day 1)	9.30am – 4.30pm	Coalville
Tuesday 8th March (Day 2)	9.30am – 4.30pm	Coalville
Saturday 12th March (Day 1)	9.30am – 4.30pm	Saffron Lane Sports Stadium, Leics
Saturday 19th March (Day 2)	9.30am – 4.30pm	Saffron Lane Sports Stadium, Leics
Monday 6th June (Day 1)	9.30am – 4.30pm	Hinckley
Tuesday 7th June (Day 2)	9.30am – 4.30pm	Hinckley
Wednesday 14th September (Day 1)	9.30am – 4.30pm	Wigston
Thursday 15th September (Day 2)	9.30am – 4.30pm	Wigston

Thursday 1st December (Day 1)	9.30am – 4.30pm	Loughborough
Friday 2nd December (Day 2)	9.30am – 4.30pm	Loughborough

Foetal Alcohol Awareness

This training session is to provide information and awareness about the lifelong risks of prenatal exposure to alcohol.

Objectives:

- Understanding what Foetal Alcohol Spectrum Disorder is.
- Understanding the long term effects.

Date	Time	Venue
Thursday 28th April	9.30am – 12.30pm	Glenfield, County Hall, Room TBC
Wednesday 16th November	9.30am – 12.30pm	Glenfield, County Hall, Room TBC

Forced Marriage, Honour Based Violence Awareness

This training will help foster/kinship carers to understand:

- The safeguarding issues related to Forced Marriage, Honour Based Violence and Female Genital Mutilation and to dispel myths and stereo-typing.
- Demonstrating an awareness of the barriers in seeking help.
- Knowing how Law protects potential victims.
- Having an awareness of the support services available.

Date	Time	Venue
Thursday 30th June	9.30am – 12.30pm	Glenfield, County Hall, Room TBC

Having Fun and Learning Together in the Home

This training will help foster/kinship carers to understand and support 2- 4 year olds learning in the home.

Objectives:

- You will experience practical fun activities that support children's learning.
- You will find out how your foster child is learning and developing.
- Information and support to access free funding for the child to go to a childminder, nursery or play group.

Date	Time	Venue
Monday 4th July	10am – 12 Noon	Coalville
Saturday 19th November	10am – 12 Noon	Hinckley



Health & Safety for Carers

The session is aimed to improve foster/kinship carers awareness of day to day health and safety issues, laws and regulations in providing 'healthy care'.

Objectives:

- Extend knowledge on the concept of hazard and risk and be able to assess potential risks.
- Understand health and safety laws and regulations as they apply to your role as well as the policies and procedures of your fostering service.
- Have an understanding of the health care needs of children and young people, how to promote healthy lifestyles, and what to do in case of accidents or illness.

Date	Time	Venue
Tuesday 24th May	10am – 1pm	Glenfield, County Hall Room, TBC
Monday 26th September	10am – 1pm	Glenfield, County Hall Room, TBC



Impact of Neglect

This workshop is tailored to the needs of the foster/kinship carers who attend. It is an opportunity to explore what factors influence and are important in supporting children's life experience.

Objectives:

- This is an interactive session using case studies in groups and across the whole group. The impact of neglect on the development and cognitive abilities of children is covered in the session.

Date	Time	Venue
Wednesday 3rd February	9.30am – 2.30pm	Loughborough

Life Story Work - Fostered Children

This session is aimed at aiding foster carers to take part in life story work with the child you foster.

Objectives:

- To have an understanding of life story and its importance.
- What part foster carers play in life story.
- What resources can be used.
- To feel confident about life story work and be aware of the impact it has.

Date	Time	Venue
Friday 10th June	10am – 2.30pm	Wigston
Saturday 8th October	10am – 2.30pm	Hinckley

Life Story Work - Kinship Children

This session is aimed at aiding kinship carers to take part in life story work with kin child.

Objectives:

- To have an understanding of life story and its importance.
- What part kinship carers play in life story.
- What resources can be used.
- To feel confident about life story work and be aware of the impact it has.

Date	Time	Venue
Monday 5th September	10am – 2.30pm	Hinckley

Moving Onto Adoption

This course provides information about the adoption process and how children are matched with adoptive parents. It will cover what is expected of you as a foster carer and helping to prepare the child to move on to adoption.

Objectives:

- Introduction to how adoptions are planned and take place.
- To help you prepare the child you foster to move on to live with their adoptive family.
- To support you and your family to manage the emotions involved in this process, keeping the needs of the child as the central focus.

Date	Time	Venue
Monday 25th April	10am – 2.30pm	Coalville
Monday 28th November	10am – 2.30pm	Wigston



Makaton - Signs & Symbols

The aim of this course is to provide foster/kinship carers with practical ways of communicating with a baby/child before he/she can talk.

This 2 day training session includes discussing commonly asked questions, hints and tips for effective signing and symbol use and how to start using Makaton in everyday situations at home

Objectives:

- Explore Makaton and how it can be used in different settings.
- Raise confidence to communicate with children using signs and symbols.
- Strengthening the bond between carer and baby.
- Decreases some of the frustrations and misunderstandings of the early years.

Date	Time	Venue
Monday 20th & Tuesday 21st June	9.30am – 2.30pm	Hinckley

Managing Contact - Foster Carers

The aim of this course is to provide foster carers an understanding on the importance of maintaining contact between children and their birth families.

Objectives:

- To have an increased understanding of the legal context in which decisions about contact are made.
- To explore the feelings about contact for foster carers and the children or young person.
- To have an understanding of the importance of record keeping in relation to contact.

Date	Time	Venue
Monday 29th February	10am – 2.30pm	Glenfield, County Hall, Room TBC
Friday 27th May	10am – 2.30pm	Wigston
Saturday 10th September	10am – 2.30pm	Hinckley

Managing Contact - Kinship Carers

The aim of this course is to provide kinship carers an understanding on the importance of maintaining contact between children and their birth families.

Objectives:

- To have an increased understanding of the legal context in which decisions about contact are made.
- To explore the feelings about contact for Kinship carers, and the loyalty issues for the children or young person.
- Exploring conflict and contact issues
- To have an understanding of the importance of record keeping in relation to contact.

Date	Time	Venue
Thursday 23rd June	10am – 2.30pm	Loughborough
Friday 9th December	10am – 2.30pm	Hinckley

Managing Placement Breakdown

The aim of this course is to enable foster/kinship carers to understand and manage placement breakdown effectively.

Objectives:

- Explore the causes of placement breakdown.
- Recognise the underlying factors of placement breakdown.
- Look at behaviours and events leading up to placement breakdown.
- Identify actions that can be taken to minimise placement breakdown and its impact.

Date	Time	Venue
Tuesday 28th June	10am – 2.30pm	Wigston

Parent and Child Placements

This training aims to provide specialist training to foster carers who are already fostering a parent and child or preparing to undertake specialist Parent & Child placements.

Objectives:

- Understand the role of the foster carer in supporting the parent and child and when to intervene.
- Recognise ways to support and deliver advice to the parent including educational and financial support.
- Clarify assessment, monitoring, recording and reporting issues.
- Signposting the parent for Information, Advice & Guidance.
- Promoting independence and empowering the parent.

Dates and Venues to be confirmed





Positive Behaviour Management

This 2 day course aims to extend the skills and knowledge of Foster/Kinship carers in understanding and managing young people's behaviour.

Objectives: To be able to apply understanding of the 'Crisis Cycle' in order to:

- Manage interventions proactively and select appropriate strategies with the children and young people in their care.
- Deal with emotions of others as well as their own.
- Understand how relationships, values and beliefs influence our behaviour and reactions.
- Be able to contribute to care plans, based on the knowledge of the individual's needs.
- Know when to apply the use of release techniques and reasonable force, informed by legislation.
- Training in de-escalating problems and disputes.

Date	Time	Venue
Wednesday 6th & Thursday 7th July	10am – 2.30pm	Coalville
Tues 11th & Wednesday 12th October	10am – 2.30pm	Wigston

Preventing Extremism and Radicalisation

(Workshop to Raise Awareness of Prevent).

Prevent is part of the Government counter-terrorism strategy. It's designed to tackle the problem of terrorism at its roots, preventing people from supporting terrorism or becoming terrorists themselves.

The aims of the session are:

- Understand Prevent's aims.
- Think about who may be vulnerable to terrorism.
- See why some people are able to influence and manipulate others to commit crimes.
- Recognise when a vulnerable individual may be in need of your help.
- Be clear what help and support looks like in this area, and who you should turn to if you have concerns.

Date	Time	Venue
Wednesday 13th April	6pm – 7.30pm	Glenfield, County Hall Room, TBC
Tuesday 1st November	10am – 11.30am	Glenfield, County Hall Room, TBC

Record Keeping

MAINSTREAM CARER
CORE COURSE

SHORT BREAK CARER
CORE COURSE

This course enables foster/kinship carers to explore and develop their record keeping skills. It provides information about the legal background and requirements to recording, the paperwork involved, key information and effective record keeping.

Objectives:

- To be clear about the carers role in recordings.
- Aware of national and local guidance and best practice in recording.
- Able to develop their recording skills.

Date	Time	Venue
Saturday 6th February	10am – 2.30pm	Hinckley
Wednesday 5th October	10am – 2.30pm	Loughborough

Resolving Conflicts with Children and Young People – The Restorative Approach

The aim of this course is to provide foster/kinship carers with the skills and principles to resolve conflicts and issues using the Restorative Approach. This includes listening, neutrality, asking opinions, being aware of your own thoughts and feelings and focus on harm not blame and working out ways to put things right.

Objectives:

- To explore the principles and benefits of Restorative Approach.
- Overcome the barriers of putting the approach into practice.
- Build on the current skills and knowledge of foster/kinship carers.
- Ensure all carers feel confident in introducing this approach into their daily work.

Date	Time	Venue
Tuesday 26th April	10am – 12.30pm	Wigston
Thursday 3rd November	10am – 12.30pm	Coalville

Safeguarding Children and Young People

MAINSTREAM CARER
CORE COURSE

SHORT BREAK CARER
CORE COURSE

This training will extend foster/kinship carers knowledge on what is meant by safeguarding and promoting the welfare of children and young people and what the role of the carer is.

Objectives:

- Be aware of the statutory duty to safeguard and promote the welfare of children.
- Understand what the Local Safeguarding Children Board (LSCB) is and what its purpose is.
- Know the different forms of abuse and neglect.
- Understand statutory requirements governing consent, confidentiality and information sharing.
- Understand recording and reporting procedures.
- Understand how our own experiences, values and beliefs influence our thinking.
- Be able to assess the risk in relation to immediate safety issues for a particular child and other children.
- Understand the barriers to sharing concerns.
- Know how the 'Pathways to Services' work in Leicestershire.

Date	Time	Venue
Saturday 30th January	9.30am – 2.30pm	Huncote
Thursday 21st April	9.30am – 2.30pm	Loughborough
Wednesday 8th June	9.30am – 2.30pm	Coalville
Tuesday 20th & Wednesday 21st September	6pm – 8.30pm	Glenfield, County Hall Room, TBC
Tuesday 22nd November	9.30am – 2.30pm	Wigston, Bassett Street

Sexual Health Development

This workshop is a session for foster/kinship carers and is interactive and practical led by the needs of the foster carers who attend. The session run by school nurse's covers the ages and stages of sexual development using scenarios/case studies.

Objectives:

- Visual aids and resources of the care packages that nurses can deliver are shown to the foster carers. The nurses also cover the emotional impact of sexual health where children and young people are vulnerable and aspects of Child Sexual Abuse (CSE) are covered.

Date	Time	Venue
Wednesday 18th May 2016	9.30am – 12.30pm	Glenfield, County Hall



Signs of Safety Approach - Introduction

This session will provide you with a basic understanding of how the Signs of Safety model is embedded into Leicestershire County Councils practice by professionals and what it looks like.

The Signs of Safety model is a way of thinking through difficult issues and worries about children and their families. It is a key approach used in Leicestershire County Councils and is built upon the importance of trusting working relationship; a clear understanding of what it is that makes a child happier, safer or more stable.

Objectives:

Date	Time	Venue
Wednesday 13th July	10am – 1pm	Glenfield, County Hall Room TBC
Wednesday 30th November	10am – 1pm	Glenfield, County Hall Room TBC

The Role of the Independent Reviewing Officer (IRO)

This session will provide you with a basic understanding of the Looked After Children (LAC) review requirements and processes and the role of the IRO overseeing the care plans.

Objectives:

- Knowledge of the principles underpinning the role of the IRO.
- Understand the role of all agencies and participants in a looked after review meeting.
- Provide knowledge and understanding of being an advocate for children in care.
- What is corporate parenting and how to use and promote it as a foster carer.

Date	Time	Venue
Thursday 27th October	10am – 2pm	Coalville



Young People, Sexual Health and Healthy Relationships

The first part of this session will provide look at Child Sexual Exploitation, grooming, impact of social media, safe & sound project and missing young person's.

The second part will look at healthy sexual development into adolescence, an overview of sex and the law, in particular the protection of under 13's through the Sexual Offences Act. The session will provide tips and ideas to promote positive discussions around sex, relationships and young people.

Date	Time	Venue
Monday 18th January	9.30am – 2.30pm	Hinckley
Wednesday 15th June	9.30am – 2.30pm	Loughborough

Level 3 Diploma for the Children and Young People's Workforce

The Level 3 Diploma is for learners who have completed their TSD standards and are currently working in the children's and young people's workforce and who will be able to use this experience in their work environment.

This qualification will be the only Level 3 Qualification that will confer the occupational competence for the children and young people's workforce and will form part of the Children's Workforce Development Council (CWDC) qualification list for the Early Years register.

The diploma will guide and assess development of knowledge of skills relating to early learning and childcare, social care and the learning development and support services workforce.

Diana Training

Diana Children's Community Service NHS

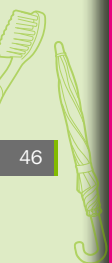
This training is aimed at Short Break Carers.

"The Diana Community Children's Service is a multidisciplinary team that provides care and support to families of children/young people with life limiting/life threatening conditions. Within the service we provide training and assessments to healthcare and non-health professionals working with children/young people to carry out 'healthcare tasks'. Registered children's nurses who have experience in working with children/young people and their families facilitate all training sessions and assessments."

The Diana Community Children's Service provides a range of healthcare training that Foster Carers can attend. They provide training such as Epilepsy Awareness, Respiratory Care, Enteral Feeding and Tracheostomy Awareness.

You will only be able to attend this training if you are caring for a child/young person with a health care need and a place can only be allocated through your Supervising Social Worker who will have access to the Diana training booklet.





Booking Form

Foster Carers Training Programme 2016

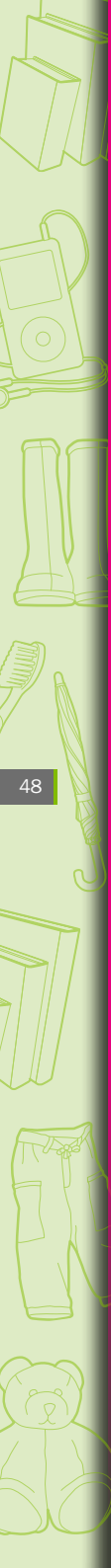
Name:	Address:
Telephone Number:	
Email:	Social Workers Name:

Email: **fostercaretraining@leics.gov.uk**

Phone: **0116 305 3051**

or fill in your details above, tear out and post to:

**Training Dept, Fostering Admin Team,
Room 600, County Hall, Glenfield, Leics, LE3 8RA.**



Name of course	Date	Time	Venue	Carer 1	Carer 2

Booking Form

Foster Carers Training Programme 2016

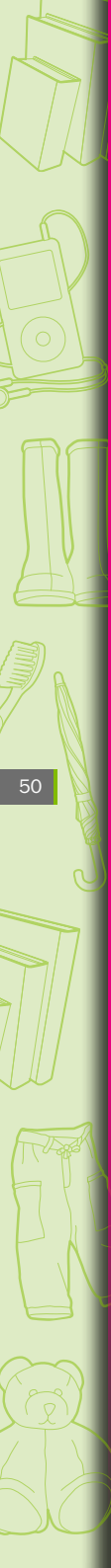
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Foster Carers Training Programme 2016

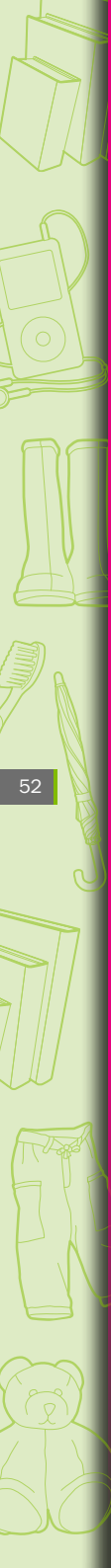
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Name of course	Date	Time	Venue	Carer 1	Carer 2



Foster Carers professional Development Record

Name of Training or Development Activity	Date	Hours attended	Key Learning points

Impact on yourself or others? How has the training benefited you or your placement	Supervising Social Worker comments	Certified by/ Signature required by Social Worker/ Trainer	To help me put my learning in to practice I will need...





Name of Training or Development Activity	Date	Hours attended	Key Learning points

Impact on yourself or others? How has the training benefited you or your placement	Supervising Social Worker comments	Certified by/ Signature required by Social Worker/ Trainer	To help me put my learning in to practice I will need...



Useful Numbers

Fostering Duty Team: **0116 305 4921 & 0116 305 4912**

First Response 24hr (Central Duty): **0116 305 0005**

Foster Carers out of hours helpline: **0300 4562600**

Children's Rights Service: **0116 305 6302**

Corporate Parenting: **0116 305 7518**

Social Care Offices

Hinckley Hub: **01455 636964**

Pennine House (Loughborough): **01509 266641**

Bassett Street (Wigston): **0116 2787111**

Coalville: **01530 275200**

Melton: **01664 502550**

Rutland: **01572 722577**

Market Harborough: **01858 465331**

Contact Centres

Hinckley: **0116 305 5601**

Coalville: **0116 305 8718**

Loughborough: **0116 305 5314**

Fostering Network: **0207 401 9582**

LFCA: **0116 299 6430**